

Media Kit

Teresa Bilodeau McLean *Friend or Foe, Forever Haunted*

Author Bio

Teresa McLean is a paranormal investigator and memoirist whose debut, *Friend or Foe, Forever Haunted*, chronicles a lifetime of documented supernatural encounters rooted in personal trauma...

Book Overview

Friend or Foe, Forever Haunted is a true paranormal memoir that traces Teresa McLean's lifelong encounters with the unexplained...

More than a chronicle of encounters, this memoir is a journey toward reclaiming truth...

Book Details

- **Title:** Friend or Foe, Forever Haunted
 - **Genre:** Paranormal Memoir
 - **Word Count:** 116,604
 - **Release:** July 2026
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Suggested Interview Topics

- Living as a lifelong paranormal experiencer
- Childhood trauma and paranormal vulnerability
- The hitchhiker entity
- Protective vs. predatory entities
- Decades of paranormal investigation

Press Release

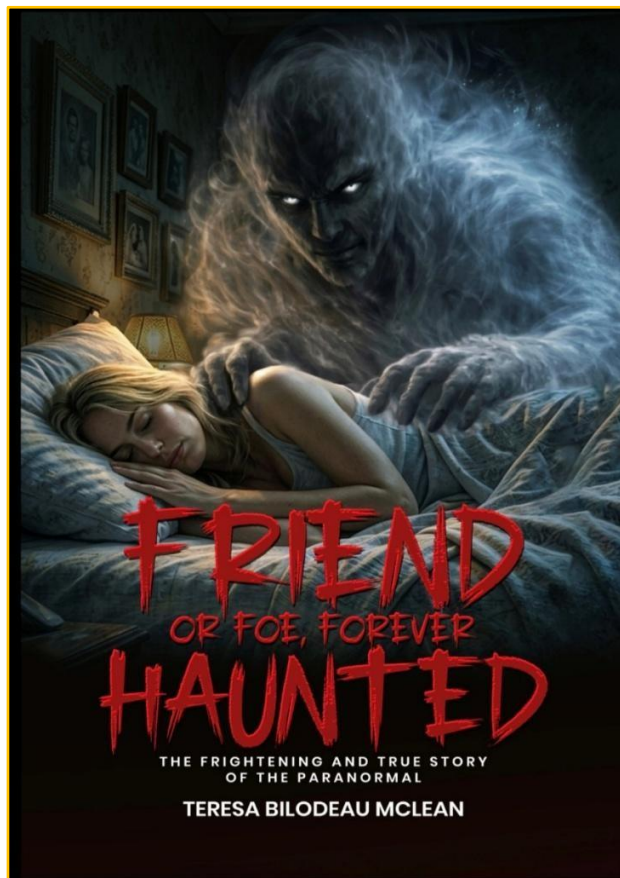
For Immediate Release — July 2026

Paranormal investigator Teresa McLean announces her debut memoir...

“This book is the truth I was afraid to tell for most of my life...”



Author Photo



Book Cover Photo

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