

TERESA BILODEAU MCLEAN

MEDIA KIT

SHORT BIO

Teresa Bilodeau Mclean writes with a voice shaped by survival, intuition, and a lifelong sensitivity to the unseen. Her work blends emotional truth with supernatural undercurrents, creating stories that feel both intimate and otherworldly. Through her writing, she explores the quiet places where trauma, resilience, and spiritual presence intersect. Teresa lives in Florida, where she continues to develop her debut work and expand her creative universe.

FULL BIO

Teresa Bilodeau Mclean is an **author** whose work emerges from the deep, unspoken spaces of lived experience. Raised in an environment marked by instability and emotional complexity, Teresa learned early to observe the world with heightened awareness — noticing what others overlooked, sensing what others dismissed. These sensitivities became the foundation of her storytelling voice: atmospheric, intuitive, and charged with emotional resonance.

Her writing blends the psychological with the supernatural, weaving narratives that explore the echoes of trauma, the persistence of memory, and the presence of forces that move just beyond the edges of ordinary perception. Teresa's work is rooted in truth — not just factual truth, but the emotional truth that lingers long after events have passed.

Now based in Florida, Teresa is completing her debut project, a work that reflects her journey through survival, self-reclamation, and the unseen threads that shape a life. She continues to write stories that invite readers into the liminal spaces where fear, intuition, and transformation meet.

BOOK OVERVIEW

Working Title: *Friend or Foe, Forever Haunted* **Genre:** Supernatural / Psychological / Atmospheric Fiction **Tone:** Dark, cinematic, emotionally layered

This book follows a woman who begins to sense a presence in her home — a presence that mirrors her own unresolved past. As the boundary between the physical and the supernatural blurs, she is forced to confront the memories she has spent years avoiding. What begins as subtle disturbances grows into a haunting that is both external and internal, revealing the truth she has carried in silence.

The story blends psychological tension with supernatural elements, exploring themes of trauma, intuition, generational echoes, and the ways the past refuses to stay buried. It is a narrative about survival, awakening, and the courage required to face what has been hidden.

KEY THEMES

- Survival and self-reclamation
- The unseen and intuitive
- Memory, trauma, and emotional echoes
- Atmosphere as emotional landscape
- Transformation through truth

SUGGESTED INTERVIEW TOPICS

- How intuition and sensitivity influence Teresa's storytelling
- Writing from lived experience without writing memoir
- Blending supernatural elements with emotional realism
- The role of atmosphere in psychological fiction
- How trauma shapes narrative voice
- Why supernatural stories resonate with real-world readers
- The creative process behind building tension and mood
- Writing female characters with emotional depth and complexity

SAMPLE INTERVIEW QUESTIONS

- What inspired you to write a story that blends the supernatural with emotional truth
- How has your personal history shaped your writing voice
- Why do you think readers connect so deeply with atmospheric, psychological stories
- What role does intuition play in your creative process
- How do you approach writing about trauma in a way that feels authentic but not overwhelming
- What do you hope readers feel after finishing your book
- How do you build tension without relying on traditional horror elements
- What themes do you find yourself returning to again and again

AUTHOR PHOTO



BOOK IMAGE



CONTACT INFORMATION

Author: Teresa Bilodeau Mclean **Email:** teresamclean1254@gmail.com

Website: teresabilodeaumclean.com **Location:** Florida, USA

For interviews, media inquiries, or speaking requests, please contact Teresa directly.

Return to Media & Press

<https://teresabilodeaumclean.com/media.html>