

TERESA BILODEAU MCLEAN

Author • Intuitive • Atmospheric Storyteller

ABOUT TERESA

Teresa Bilodeau Mclean writes atmospheric, emotionally charged fiction shaped by intuition, survival, and a lifelong sensitivity to the unseen. Her work blends psychological depth with supernatural presence, creating stories that feel intimate, cinematic, and spiritually resonant. Based in Florida, Teresa is completing her debut supernatural psychological novel.

BOOK OVERVIEW

Working Title: *Friend or For, Forever Haunted* **Genre:** Supernatural / Psychological Fiction **Tone:** Dark, cinematic, emotionally layered

A woman begins sensing a presence in her home — one that mirrors the unresolved past she has spent years avoiding. As disturbances intensify, she is forced to confront buried memories, revealing a haunting that is both external and internal. The story explores trauma, intuition, generational echoes, and the unseen forces that shape a life.

KEY THEMES

- Survival and self-reclamation
- The unseen and intuitive
- Emotional truth and memory
- Atmospheric tension
- Transformation through confronting the past

WHY THIS STORY RESONATES

Teresa's work speaks to readers who crave fiction that is:

- Emotionally honest
- Spiritually charged
- Supernaturally atmospheric
- Rooted in lived experience
- Cinematic in tone and pacing

Her writing invites readers into the liminal spaces where intuition, trauma, and the supernatural intersect.

SUGGESTED INTERVIEW TOPICS

- Writing from intuition and emotional truth
- Blending supernatural elements with psychological realism
- How trauma shapes narrative voice
- Creating atmospheric tension without gore or shock
- The role of spiritual sensitivity in storytelling

CONTACT

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IMAGES



Author Photo



Book Cover

Return to Media & Press

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